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Athlete Commitment – Soccer 20__-20__

I, _____, acknowledge that as a member of the Covenant Central Sports (CCS) Cougars, I represent Christ and His Kingdom. Further I understand that CCS is designed to be a ministry as well as an athletic organization, and therefore strives to encourage the development and display of Christ-like character.

By joining this program, I am voluntarily agreeing to uphold the following team rules:

1. I will demonstrate the character quality of **self-discipline** by following the rules that my team establishes, as well as the laws of soccer.
2. I will demonstrate the character quality of **attentiveness** by listening to and following the instruction of my coaches and team leaders.
3. I will demonstrate the character quality of **faithfulness** by attending all practices and games, meets or matches, unless Providentially hindered. This includes:
 - Training sessions are generally scheduled Mondays, 4:00~6:00, Tues. & Thurs., 3:00~5:30
 - Games may be scheduled Mon~Fri during the season.
 - Tournament and clinic schedules may include weekend events
4. I will demonstrate the character quality **dependability** by being properly prepared for all sessions.
 - a. being properly equipped for practice by taking shin guards, a ball, cleats and practice jersey.
 - b. following the dress code and being on time for training, which includes wearing an outer shirt all times (this may include t-shirts with printed designs) so that under garments and midriffs are not exposed.
5. I will maintain a **positive, teachable attitude** no matter how much playing time I receive, how fair the officiating is or is not, whether win or lose.
6. I will demonstrate the character quality of **self-control**, even if I disagree with a referee or coach.
7. I will strive to be a peacemaker by properly addressing my concerns. If I do find myself in conflict with another player, coach, or opponent, I shall strive to resolve the conflict with the individual and in a Biblical matter, with the counsel of my parents. I will not gossip.
8. I will not play on a club team or competitive or recreational/developmental team in the same sport, during the season. I will ask my coaches permission to play another sport or other competitive team during the season.
9. I realize that a key to the success of any team is working together as a team. Because I understand the importance of my attendance at all scheduled practices and games, I hereby agree to avoid scheduling events or activities that would conflict with practices or games. Further, I agree to notify my coach of necessary conflicts as far in advance as is possible.

Athlete’s Signature: _____ Date: _____

Printed Name: _____

Witnessed by Parent’s signature _____ Date: _____

NOTE: Even if the player has reached legal majority age, we ask that parents sign all forms. This reflects CCS’ realisation that Covenant responsibilities within the family continue, and that CCS recognizes these relationships as vital.